



# A.E. Wright Community School

## REPORT TO COMMUNITY



June 2019

*Building ...*

*Healthy Minds*

*Healthy Hearts*

*Healthy Bodies & A  
Healthy World*

- ♥ *H - opefully*
- ♥ *E -veryone*
- ♥ *A -cts*
- ♥ *R -esponsibly*
- ♥ *T -ogether*
- ♥ *S -ustainably*

*Let us put our minds together and see  
what we can do for our children.*

*~Sitting Bull~*

## REPORT TO COMMUNITY 2019

A.E. Wright Community School continues to build understandings by teaching to the whole child. Our focus remains steadfast in developing curricula which consistently includes developing Healthy Minds, Healthy Hearts, Healthy Bodies and a very Healthy World!



Grade 7/8 kids at camp Nutimik this June had the opportunity to be active and appreciate the natural world in a beautiful setting, exposing them to unique aspects of Manitoba which differ from our school's urban setting.

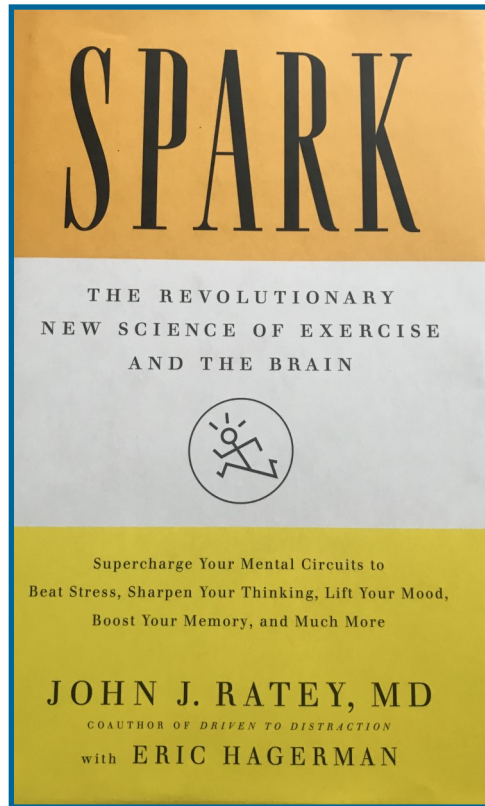


[www.bit.ly/AEWwater](http://www.bit.ly/AEWwater)

We had 60 enthusiastic participants take part in the Walk For Water event held in Winnipeg this Spring. Thanks to Mr. Levere, Ms. Madzik, and Ms. Gulay for having their classes join in and taking the Seven Oaks Met School up on their invitation. The gathering was held in support of ensuring clean water not be considered a luxury, but a basic human right, for all First Nations communities! These classes were grades 1/2 and 3/4. Their passionate voices are growing strong in our community! We are proud!

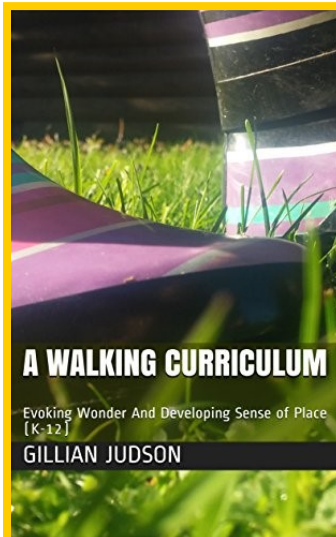
- ♥ Reading, Writing, Talking, Listening
- ♥ Artist in the School— Brenda Gorlick
- ♥ Thinking Critically
- ♥ Mathematics, hands on, discovery, problem-solving
- ♥ Beyond the classroom walls
- ♥ Community
- ♥ Discovery/ Exploration
- ♥ Social /Play
- ♥ Interactive
- ♥ Passions
- ♥ The Arts
- ♥ Relationship, Relevance and Rigour
- ♥ Documentation
- ♥ Projects, Presenting
- ♥ Communication
- ♥ Mentor Texts
- ♥ Teachers and children as learners
- ♥ Technology
- ♥ Science
- ♥ Social Studies
- ♥ Our World
- ♥ Problem Solving
- ♥ Experiment
- ♥ Indigenous Teachings
- ♥ Teaching each other
- ♥ Cross Curricular Learning
- ♥ Inquiry Based Learning
- ♥ Community Guests
- ♥ Adults Journal

# Healthy Minds!

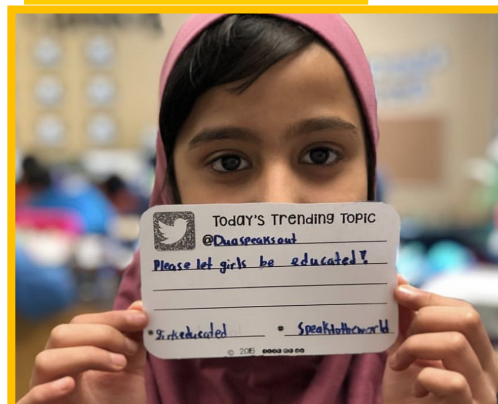


*The latest research shows that for your brain to function at its peak, your body needs to move. In Spark, John J. Ratey, MD, demonstrates exactly how and why physical activity is crucial to the way you think and feel.*

Spark was our staff shared read this year, as we learned further about how movement fuels the brain for optimal learning! We took part in a group inquiry using Dr. Ratey's book to consider how we might change our practice to include movement in all curricular areas beyond phys-ed. We took a critical look at why learning is better for us if we are active beings from a very young age to our elderly years. As a So Active So Healthy School, we are committed to making sure that our foundation for cognitive development is based in an active lifestyle at school and at home.



As an extension of our work with Jillian Judson a few years ago, teachers have been supported with this awesome resource to inspire imaginative learning in the outdoors. The natural environment, active living and brain development goes hand in hand.



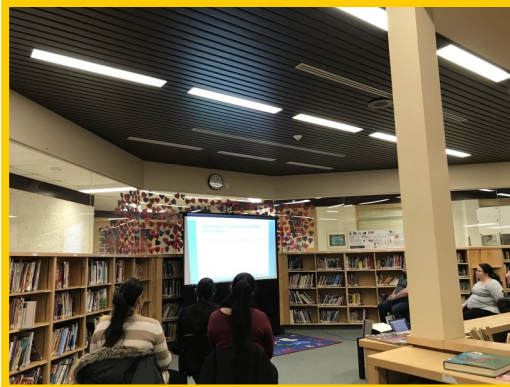
Thanks to all of our community who supported our interdisciplinary sharing evening, **Museum for Human Responsibility**. The kids learned so much in this school-wide project and your enthusiasm and interest in learning from them was inspiring to all of us!



# Healthy Hearts!

- ♥ I Love to Read
- ♥ United Way
- ♥ Volunteer Reception
- ♥ Sports / The Arts
- ♥ Roots of Empathy
- ♥ Indigenous Teachings and Learning
- ♥ Siloam Mission
- ♥ Bake Sales
- ♥ Kids in the Know
- ♥ Leadership Groups TMTTs
- ♥ Choir
- ♥ Band/Guitar/Ukulele
- ♥ Tablah and Harmonium Lessons
- ♥ School-wide Assemblies
- ♥ Parent-Child Early Years Program (0-6 years of age)
- ♥ Friday gift of song
- ♥ Nations
- ♥ Gardening
- ♥ CLUBS—Aboriginal Club, Floor Hockey, Talent Show, Friendship, Anime, Dance, Art, Filipino Cultural, Cooking, Soccer, Leadership, Running, Knitting, Crochet, Henna, Hip Hop Dance, Math, Tripleball, Volleyball, Speed Stacking, Flag Football, Rugby, Biking Lessons, Kids in our care
- ♥ Night of Resilience
- ♥ MCC
- ♥ Doctors without Borders
- ♥ Picture Books Shared
- ♥ A Read You Need
- ♥ Project 11 grades 3-6

Thanks to our Families As Partners Group who joined us in the *Commit to Kids* training through the Canadian Centre for Child Protection. Going through the modules with you and sharing in the rich discussion felt like the right thing to do! Ensuring our kids grow up healthy emotionally is a community, collective responsibility and you demonstrated your commitment to them and to our partnership. Thank you!



*To put it simply: in addition to a brain, we have a heart—and we want to put it to use in promoting young people’s learning. Exclude this vital organ from our work, and you get compliance at best.*

*~Ronald S. Barth~*



## TRUTH AND RECONCILIATION IN ACTION

Elder Barb Nepinak and Clifford Spence taught our children the value of the Drum in Indigenous Culture. The language of the Drum resonates with all of our kids as they perform at the 10th annual Graduation Powwow. They were proud to be a part of it and they loved their Drum teachings with Barb and Clifford.



Ms. Kozak’s class reminds us of the Treaty Teachings!



Ms. Greco’s class performs a choreographed dance by Ms. Perillo at the 7 Oaks International Dance Day Celebration to the song SEVEN by Indigenous singer song writer, William Prince. The kids honoured our school values rooted the 7 Sacred Teachings through movement, heart and mind!!

# Healthy Bodies!

## ACTIVE LIVING AND HEALTHY EATING

***For better brain health, all children and youth should be physically active on a regular basis. In addition to physical health benefits, physical activity also improves cognition, brain function and mental health. ~2018 ParticipACTION Report Card on Physical Activity for Children and Youth~***

Moving into 2019-2020 our children will continue to learn the benefits of increased heart rate for optimal health. They are learning to monitor their resting and active heart rates from a personal fitness perspective.

Individual heart rate monitors connected to interactive technologies will be added to the phys-ed classroom this Fall, enhancing the work that continues to evolve at A.E.W around moving children into a place of overall health.



P.A.L.S Active Living Training 2019

Our commitment to cross-curricular learning and outdoor learning, through our whole-school garden project, continues to thrive, as the kids and community take part in planting, nurturing and harvesting. This year our garden beds will include:

Pumpkins, sunflowers, dill, arugula, radishes, calendula, nasturtiums, portulaca, bachelor buttons, cosmos, beans, peas, carrots, squash, potatoes, melons, onions, garlic, cilantro, peppers, mint, tomatoes, and Filipino vegetables (Kamatis, Sibryas, Talong, Munggo).



Thanks to the Child Nutrition Council of MB for inviting us to the 6th annual Stone Soup Fundraiser!



- ♥ Track/Cross Country
- ♥ Yoga
- ♥ Brainbreaks
- ♥ Gym class
- ♥ Active Living Breaks
- ♥ School-wide Healthy Snacks
- ♥ Relaxation strategies
- ♥ Team Handball
- ♥ Badminton
- ♥ Intramurals
- ♥ Camp Nutimik
- ♥ Dance
- ♥ Cooking Club
- ♥ Safe and Caring Schools—All Belong
- ♥ Mental Health
- ♥ Train the Trainer Building Healthy Relationships
- ♥ Play
- ♥ Leadership
- ♥ Basketball, Volleyball
- ♥ Cyber safety
- ♥ Child Nutrition Council
- ♥ Personal Safety
- ♥ Learn to Skate
- ♥ Learn to Swim
- ♥ Active Transportation to School
- ♥ Smoothie Shack
- ♥ Breakfast
- ♥ Soccer Club
- ♥ Project 11
- ♥ Body image awareness
- ♥ MPI Bike Program
- ♥ Heart Rate
- ♥ Coaches



# Healthy World!

## NIGHT OF RESILIENCE 2019

We continue to find ways to teach kids about living a sustainable life in order to preserve our world and ourselves. The learning ranges from considering environmental impacts to leadership development; all building student voice, citizenship and responsible behaviour in a common world. Our children have a sense of responsibility which in the long run will support a resilience that is healthy and essential to contributing to building a healthy world. This year our 7/8 leadership team hosted a *NIGHT OF RESILIENCE* where they put themselves in the shoes of all of our global/local brothers and sisters who suffer at the hands of inequality, war torn communities, and natural disasters as a potential result of climate change. They had to travel for food, work through some difficult simulations and support each other. I want to thank our Families as Partners community for cooking for us and helping us along the way. Special thanks to Mr. Bergmann, Ms. St. Mars, Mr. Sancartier, Mr. Militano and Mr. Haiart for planning such an extraordinary, meaningful learning experience and to all of our staff who volunteered their time on a Friday night. The overnight was a huge success. All of the proceeds from our evening went to support the efforts of M.C.C (Mennonite Central Committee).



## MUSEUM OF HUMAN RESPONSIBILITY

As we considered how we would share our important work with families this year in an open and interactive way, the idea of building a museum full of children's learning around our school's focus of human rights and environmental rights took hold! Children and staff worked across all curricular areas to ask important questions of equity, diversity, and environmental preservation, all in the name of our collective responsibility. What took place was lots of inquiring into what's going on and thinking about what we can do to get involved!



# Celebrating Arthur E. Wright Community School!



As we live the Wolf's humble truths, we have grateful hearts based on the wonder around us. Just like the wolf we see our small place in the world and understand the importance of our contribution to it. **"We see that we are part of the pack that takes and gives back to the whole. We see that the gifts around us: the falling and rising of the sun, the seasons, the gifts of food, shelter, love and friendship are indeed wonders to behold."** (David Bouchard)

**Healthy Minds!**

**Healthy Hearts!**

**Healthy Bodies!**

**Healthy World!**

We are so excited to share a passion project we are working on to develop our back yard space into an incredible AEW/Maples Active Living Green Space with a focus on bike trails and fitness /active living enhancements, from the very young to the elderly. Stay tuned for more information!

**A.E. Wright School is Joining The**

**"UNPLUG to CONNECT MOVEMENT" In The 2019-2020 School Year**

**STAY TUNED FOR MORE INFORMATION**

<https://www.cbc.ca/amp/1.5166140>

When people ask us what our policy is around a variety of things, we start by saying that our policies are based on Divisional objectives and values. The question for us might better be, "what do you believe in and how do you enact that"? At our school all of our values are executed through the application and belief in the 7 Sacred Teachings: **Love, Humility, Respect, Truth, Honesty, Wisdom, Courage**. Ask us more about that...

Find A.E. Wright on  
the School WEB!  
[http://www.7oaks.org/  
school/aewright/  
Pages/default.aspx](http://www.7oaks.org/school/aewright/Pages/default.aspx)

Follow us on TWITTER @AEWrightSchool

**STAY CONNECTED TO WHAT WE  
LEARN DAILY!!**